

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Conference Week Bean & Cheese Burrito (IW) Italian Dunkers	1 Conference Week Rib B Que (IW) SB & J w/ String Cheese	2 Conference Week Taco Nada (IW) Grilled Cheese	3 Conference Week Corn Dog (IW) SB & J W/ String Cheese	4 Conference Week Galaxy Pizza (IW) Beef Taco Stick (IW)
7 Teriyaki Beef Dippers & Steamed Rice Cheese Quesadilla Hot Deli Ham & Cheese Sandwich Beans /Chicken / Cheese Nachos	8 Orange Chicken with Steamed Rice Bowl Italian Dunkers 100% Mozzarella Cheese* or Pepperoni Pizza Chef Salad w/ Hard boiled egg & Breadstick	9 Tater Tots Day Hot Dog w/ Chili beans Crispy Chicken Sandwich Honey BBQ Beef Rib on a Bun Popcorn chicken salad w/ breadstick	10 Bean & Cheese Enchilada Chicken Pot Pie with Dinner Roll 100% Mozzarella Cheese* or Pepperoni Pizza Spinach Salad w/ Breadstick	11 Fun Friday Baked Chicken Nuggets & Dinner Roll Chicken Sticks w/Breadstick Fiesta Salad with 100% all beef & Tortilla Chips Sun Butter & Jelly Sandwich* w/ string Cheese
14 Staff Development Day	15 Chicken Quesadilla Spaghetti w/ Meat & Dinner Roll 100% Mozzarella Cheese* or Pepperoni Pizza Tuna Sandwich	16 Tater Tots Day 100% All Beef Cheeseburger, Hamburger & veggie burger Chicken Corndog Chicken Sticks w/Breadstick Breakfast For Lunch	17 100% All Beef Soft Taco Turkey w/ Mashed Potatoes & Gravy w/ Dinner Roll 100% Mozzarella Cheese* or Pepperoni Pizza Roasted Turkey & American Cheese Sandwich	18 Fun Friday Teriyaki Chicken & Lo Mein Noodles Deli Ham & American Cheese Sub Sandwich Fruit & Yogurt Parfait* Chicken Caesar Salad W/ Bread Stick
21 Teriyaki Beef Dippers & Rice Cheese Quesadilla Hot Deli Ham & Cheese Sandwich Beans /Chicken / Cheese Nachos	22 Orange Chicken with Steamed Rice Bowl Italian Dunkers 100% Mozzarella Cheese* or Pepperoni Pizza Chef Salad w/ Hard boiled egg & Breadstick	23 Tater Tots Day Hot Dog w/ Chili beans Crispy Chicken Sandwich Honey BBQ Beef Rib on a Bun Popcorn chicken salad w/ breadstick	24 Bean & Cheese Enchilada Chicken Pot Pie with Dinner Roll 100% Mozzarella Cheese* or Pepperoni Pizza Spinach Salad W/ Breadstick	25 Fun Friday Baked Chicken Nuggets & Dinner Roll Chicken Sticks w/Breadstick Fiesta Salad with 100% all beef & Tortilla Chips Sun Butter & Jelly Sandwich* w/ string Cheese
28 Guess the weight Contest Grilled American Cheese Sandwich* Chicken Tenders & Dinner Roll Mac & Cheese w/ Dinner Roll Popcorn Chicken Salad w/ breadstick	29 Chicken Quesadilla Spaghetti w/ Meat & Dinner Roll 100% Mozzarella Cheese* or Pepperoni Pizza Tuna Sandwich	30 Tater Tots Day 100% All Beef Cheeseburger, Hamburger & veggie burger Chicken Corndog Chicken Sticks w/Breadstick Breakfast For Lunch	31 Cookie Day 100% All Beef Soft Taco Turkey w/ Mashed Potatoes & Gravy w/ Dinner Roll 100% Mozzarella Cheese* or Pepperoni Pizza Roasted Turkey & American Cheese Sandwich	1st of November Fun Friday Teriyaki Chicken & Lo Mein Noodles Deli Ham & American Cheese Sub Sandwich Fruit & Yogurt Parfait* Chicken Caesar Salad W/ Bread Stick

Student
 Breakfast \$2.25
 Reduced Price \$.30
 Student Lunch \$3.50
 Reduced price \$.40



Promotions for October

*Fun Friday = serve chocolate Milk plus 1% White and FF White Milk
 Tater Tots Day = All entrées come with tater tots.....
 10/21/19 -10/28/19 Guess the weight of the pumpkin.
 Cookie Day= serve whole grain cookie during lunch



For menu nutritional information
 Please visit www.sesd.org
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